

The Energy of Connection:

The Heart as an Organ of Perception and Communication

- *Learn how the heart's electro-magnetic field communicates with other living beings*
- *Develop more acute understanding of and sensitivity to energy field interactions through safe and engaging ground exercises with horses, master teachers of mindfulness and sensory awareness*
- *Discover how to use these techniques to create more fulfilling relationships at home and at work*
- *Learn what cutting edge scientific research reveals about the energetic dimension of healing*
- *Learn how energetic healing techniques, including Reiki, can help promote an optimal sense of health and well being for the humans and animals in your life*

Saturday, April 3, 9 a.m. to 5 p.m. at Cloudcroft Ranch (East Tucson/Vail area)

\$195 includes lunch and materials, limited to 10 participants

Linda Kohanov is an internationally-recognized author, speaker, riding instructor and horse trainer. In 1997, she founded Epona Equestrian Services, an Arizona-based collective of horse professionals, educators, coaches and counselors exploring the potential of the horse-human bond. Her bestselling books, *The Tao of Equus*, *Riding Between the Worlds: Expanding Our Potential through the Way of the Horse*, and *Way of the Horse: Equine Archetypes for Self Discovery* have been translated into French, German, and Dutch, and are used as texts at universities throughout the U.S. Over the last decade, Linda has led highly successful workshops and lectures throughout North America, including the Omega Institute in New York, Naropa University in Boulder, CO, the 2005 International Transpersonal Conference, Hollyhock British Columbia, the 2003 North American Riding for the Handicapped Conference, and the 2008 Equine Guided Education Conference, among many other venues.

Ann Linda Baldwin, PhD, is a Research Professor of Physiology and Psychology at the University of Arizona and is Director of "Mind-Body-Science." She is also a Reiki Master, a Level I/II Reconnective Healer and a one-on-one HeartMath Practitioner. She received her PhD in Physiology from Imperial College, University of London and her MSc in Radiation

Physics from the University of London. In her research she is currently developing methods to evaluate the capabilities of energy healing practitioners and is using biofeedback techniques to help people with Parkinson's disease improve their memory and fine motor skills. Dr. Baldwin has published over 100 articles in peer-reviewed scientific journals and has been a member of several review panels for National Institutes of Health. Among her most significant achievements, she received a grant from NIH in 2003 to study the effects of energy healing on animals, and achieved statistically significant results, which were published in 2006 and 2008.

For registration information and directions to the workshop, contact the Epona office:

520-394-2777 or admin@theeponacenter.com

***For listings and descriptions of other Epona events worldwide:
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